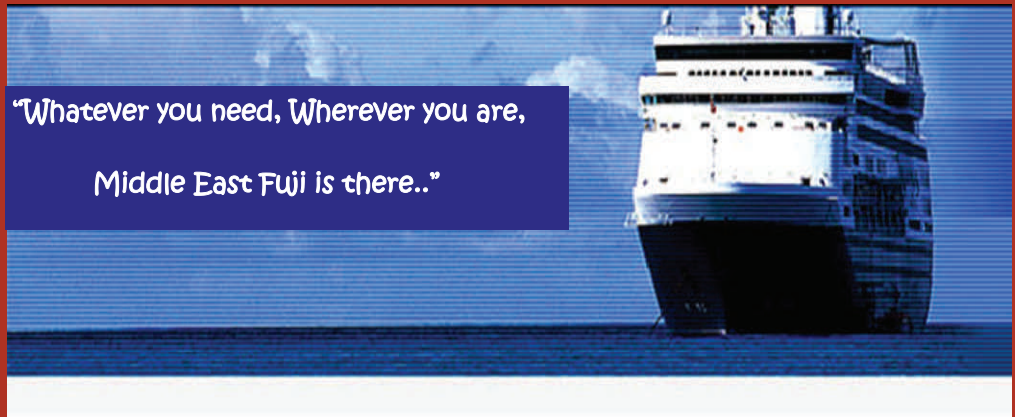


MIDDLE EAST FUJI LLC



“Whatever you need, Wherever you are,
Middle East Fuji is there..”



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Holy Month of 7
Ramadan

NEWSLETTER

Volume 2 , Issue 11

2nd Quarter 2014

59th ISSA Convention and Exhibition



Mr. Saeed Al Malik, MEF President, President of UNSSA & Executive Vice President of ISSA had attended the 59th ISSA Convention & Exhibition in Panama from 29 May. A new President to the association and a new board has been elected in the exhibition. It is our privilege to mention that Mr. Malik has been re-elected as an Executive Vice President of ISSA in this exhibition for a further term of 3 years.

Mr. Malik appreciates the confidence bestowed upon him by the members & confirmed his com-

mitment towards developing ISSA to meet the challenges of this century by working together with the new President & Board.



Welcome aboard Capt. Peter Machado

It is with great pleasure to announce the joining of Capt. Peter Machado in MEF. It's already been a month since he first stepped in and took the role of Chief Operating Officer. With high hopes of bringing a new way of working to MEF, Capt. Machado's focus will be on business development and innovation - implementing new technology and using modern ways of working to bring more customers and offer a value addition. His main objective is to focus on making sure MEF is more efficient.



Capt. Machado brings in his remarkable reputation and his profound experience in the maritime industry. As a certified Master Mariner Class I, he served at sea for 14 years. He was a Fleet Manager before he entered the Shipchandling industry. Currently, he is the Honorary President of the Institute of Chartered Shipbrokers. He is an IMPA council member and is a fellow of the Nautical Institute.

Let us all extend our warm and heartfelt welcome to Capt. Peter Machado!

[Check it out from MT news](#)

<http://readmt.com/news/article/2014/06/10/middle-east-fuji-appoints-peter-machado-coo/>

"Don't work hard. Work smart." Hard work combined with determination, dedication, self discipline and effort is the key to success.

Nobody can be successful unless he loves his work - David Sarnoff.

To give real service, you must add something which cannot be bought or measured with money, and that is sincerity and integrity - Douglas Adams

The secret of success is to do common things uncommonly well - John D. Rockefeller, Sr.

Outstanding staff



Marina Baniaga

Accounts



Kathirvel Madasamy

MEFE



Pulina Sampath

MEFE

In this quarter, 3 of our staffs who demonstrated a strong work ethic and willingness to learn were awarded.

The company expects you to keep the same spirit and extends best wishes for further achievements!

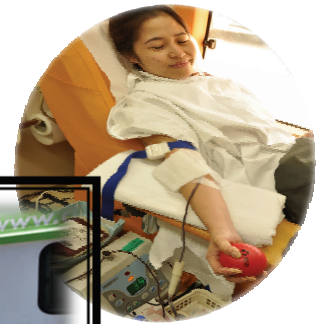
CONGRATULATIONS!!!

Blood Donation Day



It feels great to do voluntary acts that can save more than one life with just one donation. As part of our corporate social responsibility, MEF took part again in the Blood Donation Program conducted by Dubai Health Authority last 2nd of June 2014. Almost 20 staffs from all walks of life donated blood as an act of dedication to save humanity, save life. This humanitarian service started last year and will continue in future.

**Cheers to the blood donors!
You have saved lives!**



CLEAN WATER FOR 5 MILLION LIVES

Each and everyone definitely received text messages from UAEWaterAid , read news from the newspaper/internet about Sheikh Mohammed Bin Rashid Al Maktoum Campaign to provide clean water for (million lives) distressed people in poor countries. It's an honour that Middle East Fuji is one of those companies from different emirates participated in humanitarian Campaign. This Campaign will change lives of many to a better future!

[Click/read/inspire:](#)

<http://www.emirates247.com/news/government/uae-water-aid-contributions-cross-dh90m-72-of-objective-achieved-2014-07-06-1.554570>

- A candle loses nothing by lighting another candle. The best exercise for the heart is to bend down and lift someone else up.
- Recognize!
Acknowledge!
Reward!
Gratitude is the most exquisite form of courtesy.
- People will forget what you said,
People will forget what you did, but
People will never forget how you made them feel.
- Dialogue is born from an attitude of respect for the other person, from a conviction that the other person has something good to say.

Be true. Live every day as if it was your last. Do all you can and wanted to, Live your dreams - within your means!

Strive very hard for excellence in all you do. Do not settle for mediocre results. Find your passion.

Whether it is what you study and later what you do for a living, truly enjoy what you do. This way, study and learning is a joy and for the most part, you will excel in all you do and going to work will not be a chore or just a job. You will hear different versions of the same good advice in "never stop learning" and "don't be a spectator".

- 'Fight' when you need to. Stand your ground when you truly believe you must. Learning when to walk away is an art and talent that you will develop and subsequently appreciate how effective this can be.

"Dream, Believe, Achieve"

Welcome Kabayan!

Last May & June 2024, 11 of our Filipino "kabayan" who were dreaming to be part of Middle East Fuji family joined us with lot of dreams and good spirit. These new members believe that they can help to achieve the company's vision by working together.

MAY



Carmela Eramel

Marine supplies



Pearl Jade Bello

Marine supplies



Mary Grace Pandan

Marine supplies



Jhon Lhey Yu

Marine supplies



Andrian Nituda

Warehouse



Jeffrey Umali

Warehouse



Rjo Turceno

Warehouse

JUNE



Cyrstal Tuico

Marine supplies

Madelyn Mabanag

Accounts



Keeshiamae Esmena

Marine supplies

Erwin Escanan

Warehouse





#Morning Meeting# Best MC

Laugh out Loud

Physics Teacher:

"Isaac Newton was sitting under a tree when an apple fell on his head and he discovered gravity. Isn't that wonderful?"

Student: "Yes sir, if he had been sitting in class looking at books like us, he wouldn't have discovered anything."

Teacher: "Here is a math problem. If your dad earned \$300 dollars a week and he gave your mother half, what should he have?"

Student: "A heart attack."

Each team as expected gave their best to achieve the best MC of the month and yet only few transcend the rest. These 3 teams have proven their versatility and expertise to be recognised as the best MCs. Confidence, Good preparation and wit are some of the key to a great master of Ceremony.



APRIL - TEAM 3



MAY - HR + ADMIN



JUNE - PLATFORM + COM

Birthday is an important event in one's life. Most people look forward to celebrate the day they were born. It is the day for the celebrant to recount all the things that they are grateful for... But this special day is not only for the celebrant but for the people as well who took part for their years of life existence.

MEF has always been very thankful to be part of this joyous event, thus conducting a Pizza Lunch Party every two months for all Celebrators of the period. Just lately, a gathering for the month of May + June birthdays were conducted and it brought a big smile to all staff!

Happy Birthday to the Second Quarter Celebrators!!! Let this another year adds beauty to your existence. Rise and shine.. together as one let's make a difference!



Special Day... HAPPY BIRTHDAY!!

- Not realizing the mistake is a mistake, but making the mistake is not a mistake. Mistakes can make us to learn us many things

=====

What yoga can do for you (at work)

- Reduces costs related to work-related injuries, stress-related illnesses, and absenteeism
- Enhances employee attitude and outlook
- Reduces stress and tension
- Improves concentration, decision making, and ability to multi-task
- Increases energy and confidence
- Lowers health-care costs
- Promotes well-being, employee morale, and reduces employee turnover
- Increases flexibility and strength and promotes a greater sense of relaxation and peacefulness. (devotion yoga)

2 HEARTS 1 LOVE

Our very own 27 year old (Mr. Mohammed Shahad) exchanged vows with Asheeka last June 2 2014 at Manel Reception Hall Baseline Road, Dematagoda, Colombo 09, Sri Lanka. This couple will surely inspire and remind us that distance never exist to be the hindrance for loving someone.



From the couple: A part of you has grown in me.

And so you see, it's you and me together forever and never apart, maybe in distance, but never in heart.

Wishing both of you all the best !! May God bless you with all the love and happiness in the world on your life.

YOGA

Yoga are the physical, mental, and spiritual practices or disciplines which aim at transforming body and mind. The term yoga is derived from the literal meaning of "yoking together" a span of horses or oxes, but came to be applied to the "yoking" of mind and body (Wikipedia).

Last May 31, 2014, Yoga Ashram was invited to conduct yoga class to all staffs for 30 minutes. All staffs obviously feel great and awake. Some of them shared their feelings and unexplainable experience in that session. Under the guidance of the certified professionals, yoga and relaxation techniques were combined that help all staffs return to work feeling focused, energised and rejuvenated.



Welcome Baby Bimandee



Words Cannot tell how a mother (Mrs. Buddhika) and a father (Chanaka Halmillawewa) feel wonderful to witness the amazing moment in time to have their first baby.

Mrs. Buddhika's Baby girl Bimandee (means Pride) Chenulika (means Smart) was born on 30th of May 2014 (late evening) in Colombo, Sri Lanka.

Congratulations on your new role as proud parents of a happy and healthy baby girl !! We hope this is a wonderful time filled with lots of joy and happiness for your new family.

What does Ramadan mean?

The Arabs followed a calendar that was a mix of lunar and solar calendars. Months were named according to the season in which they fell. Ramadan first fell in the days of summer and takes its name from the word 'Ramida', denoting intense heat. It is also called Ramadan because it burns away the sins of believers. It is the ninth month of the Islamic calendar.

Why is Ramadan special?

The Quran was revealed in the month of Ramadan to provide guidance. It was revealed in the night of Qadr, or The Night of Decree, in the last 10 days. It is the month in which Muslims were victorious in their first battle of Badr against the Quraish

Source:
National Newspaper

This holy month of Ramadan, It is a time for inner reflection, spirituality, and fasting of Islam. With the ninth month of the Islamic calendar regarded as sacred. Rym Ghaxal and Asmaa Al Hameli explain some of the history and customs behind this most important time for Muslims worldwide.

What is Laylat Al Qadr or Night of Decree?

Also known as the night of power, night of destiny, and night of nobility and honour, it is considered the holiest night of the year for Muslims everywhere. It is the night in which the Quran was revealed although the Prophet Mohammed did not specify which night it was, except that it fell in the last 10 days of Ramadan. Because the Quran says the people in the time of older prophets lived much longer lives than now, the Prophet Mohammed was concerned that his people would not be able to worship enough. So Allah gave him the gift of the night of decree. Good deeds on this night are equal to those that would normally take more than 1,000 months (83 years and 4 months). If a believer lives long enough to witness the night of power for 50 years, it is as though he has worshipped Allah for 4,000 years.

How many times did the Prophet Mohammed fast?

According to different sources, the number of Ramadans the Messenger kept the fast is said to be between eight and nine. Fasting was made a pillar of Islam and obligatory in the second year of Hijrah (migration), and the Prophet died in the 11th year of Hijrah. There are many benefits to fasting for both the body and the soul, and therefore Prophet Mohammed would fast many times throughout the year besides Ramadan. "There is a gate to Paradise that is called ar-Rayyan. On the Day of Resurrection it will say: 'Where are those who fasted?' When the last [one] has passed through the gate, it will be locked," the Prophet said.

What is I'tikaf? Are women allowed to do this?

It is a ritual practised by the Prophet Mohammed on a regular basis and later by Muslims, especially during the last 10 days of Ramadan. It is defined as a spiritual retreat in the mosque, where people performing I'tikaf devote their evenings and late nights to praying and reading the Quran. Many Muslims take the opportunity in the holy month to recite and complete the entire Quran. Women perform the ritual as well, some preferring to do it in seclusion at home, as it need not be restricted to the mosque. I'tikaf is a chance for reconnecting with Allah and holding up a mirror to oneself and repenting. After several days of this kind of meditation, where most stay in I'tikaf for three days (from sunrise of the first day until the sunset of the third day), it is said that some worshippers become a little ill as their body gets rid of the worldly "poison" it has ingested over the year. While I'tikaf can be done anytime during the year it is preferred during Ramadan, as Prophet Mohammed said: "When the month of Ramadan starts, the gates of the Heaven are opened and the gates of Hell are closed and the most rebellious devils are chained."

When was fasting prescribed for Muslims?

According to Islam, Adam was the first prophet and human being. All prophets, starting with Prophet Adam and ending with Prophet Mohammed, observed the fast at one time or another. On fasting, the Quran says it is: "made mandatory on you just like it was on those who came before you so that you may attain the state of God-Consciousness." [2:183] But that verse about fasting doesn't refer to Ramadan. Prophet Mohammed would fast the same number of days as the Jews, which was fewer than nine. Then Allah introduced His command to fast for 30 days in the month of Ramadan.

Is Zakat given in Ramadan but not other months?

Zakat, or alms giving, is an obligatory act of Charity. It is one of the pillars of Islam, where Muslims who have income must give out annually a certain amount of Charity based on their accumulated wealth, gold and crops. Zakat can be given at any time of the year but many Muslims prefer it in the month of Ramadan because the rewards are doubled in the holy month. It is narrated that Prophet Mohammed, who was always generous, was more so in the month of Ramadan and in one of his sayings he told his companions that "whoever performs an obligatory act during [Ramadan] it is as one who performed 70 obligations at other times". One form of charity is to feed the poor and give out iftar. The Messenger said: "Whoever feeds a fasting person will have a reward like that of the fasting person, without any reduction in this reward."

EDITORIAL

MANAGING EDITORS

: RYUSAKU HAYASHI

: BIJI JOSEPH

WRITER & LAY-OUT:

: EVA STELLA LOMOD


: SARAH AUTOR

DEPUTY EDITORS:

: EBAR AL MUŞA

GROUP COMPANIES IN THE REGION

MIDDLE EAST FUJI L.L.C. 
EMAIL: INFO@MEF.AE
TEL: +971 4 3474444
FAX: +971 4 3472771/72


MIDDLE EAST FUJI 
ENGINEERING L.L.C.
EMAIL: ENGINEERING@MEF.AE
TEL: +971 4 5092080
FAX: +971 4 5092081

MIDDLE EAST FUJI 
INTERNATIONAL TRADING LLC
(BRANCH)
EMAIL: INFO@MEF.AE
TEL: +971 4 2324434
FAX: +971 4 2324435

MIDDLE EAST FUJI 
INTERNATIONAL GENERAL TRADING
EMAIL: INFO@MEF.AE
TEL: +971 2 5538656
FAX: +971 2 5538676

MIDDLE EAST FUJI KHIMJI 
CO. LLC (MUSCAT-OMAN)
EMAIL: INFO@MEFKOMAN.COM
TEL: +968 24793240
FAX: +968 24793250

MIDDLE EAST FUJI KHIMJI 
SHIPPING LLC (UAE)
EMAIL: AGENCY@MEFKS.AE
OPERATIONS@MEFK.AE
TEL: +971 9 2228047
FAX: +971 9 2228079

MIDDLE EAST FUJI L.L.C. (QATAR) 
EMAIL: QATAR@MEF.AE
TEL: +974 4443 1131
FAX: +974 4443 1131

MIDDLE EAST FUJI KHIMJI 
CO. LLC (SALALAH-OMAN)
EMAIL: INFO@MEFKOMAN.COM
TEL: +968 23295425
FAX: +968 23297425